

Household Medications

In the surgery we keep a stock of 'household medications' which have been identified by the School Nurses. These will only be administered by approved staff members. If you wish for your son not to receive all or any of these please let the surgery know in writing.

INDICATION	DRUG	DOSE	FREQUENCY	MAXIMUM TOTAL DAILY DOSE IN 24 HRS	MAXIMUM DURATION
Pain and fever	Paracetamol 500 mg tablets	6 to 12 years half to one tablet	Every 4-6 hours	2g	48hrs
Pain and fever	Paracetamol 500 mg tablets	12 years and over 1 ½ tablets 750mg 16years and over 2 tablets 1000mg	Every 4-6 hours	4g	48hrs
Pain and fever	Paracetamol oral suspension 250mg/5mls	6-8yrs 5mls 8-10yrs 7.5mls 10-12yrs 10mls 12-16yrs 15mls 16+yrs 20mls	Every 4-6 hours	1g - 4g	48hrs
Pain, fever and inflammation. NOT TO BE GIVEN TO PUPILS WITH ASTHMA	Ibuprofen 200mg tablets	7-12 years 200mg	Every 6-8hours	600mg	48hrs
Pain, fever and inflammation. NOT TO BE GIVEN TO PUPILS WITH ASTHMA	Ibuprofen 200mg tablets	12-16 years 400mg	Every 6-8 hours	1200mg	48hrs
Pain, fever and inflammation. NOT TO BE GIVEN TO PUPILS WITH ASTHMA	Ibuprofen oral suspension 100mg/5mls	7-10yrs 10mls 10-12yrs 15mls 12-16yrs 20mls	Every 6-8 hours	600mg -1200mg	48hrs
Cough	Simple Linctus Paediatric	6-12 years 10mls	Four times a day	40mls	48hrs
Cough	Simple Linctus	12 years and over 5mls	Four times a day	20mls	48hrs
Sore throat	Strepsils	One lozenge	Every 2 to 3 hours	12	48hrs
Indigestion	Gaviscon	12 years and over 10-20mls	Four times a day	80mls	48hrs
Indigestion	Gaviscon	6 to 12 years 5-10mls	Four times a day	40mls	48hrs
Indigestion	Rennie	12 years and over only 2 tablets	Four times a day	10 tablets	48hrs
Insect bite or hay fever	Cetirizine 10mg	1 tablet	Once daily	10mg	48hrs

TOPICAL APPLICATIONS	APPROVED USE	COMMENTS
ACETONE	Removal of nail polish	
ANTHISAN CREAM	Pain, itching and inflammation caused by insect stings, bites and nettle rash	Apply 2-3 times daily, maximum of 3 days
ANBESOL LIQUID	Mouth ulceration, brace irritation	Apply 3 hourly, maximum of 7 days
OLBAS OIL	Nasal congestion, inhalation decongestant	Add 2-3 drops to a tissue and inhale vapours
SUDOCREM	Antiseptic cream and skin barrier	
DIPROBASE CREAM	Emollient for dry and itchy skin	

INADINE (DRESSING) /POVIDONE IODINE SPRAY	Antiseptic dressing to prevent / treat wound infection	
CORSODYL MOUTHWASH	Oral hygiene, mouth ulcers	10mls twice a day.
GARNIER AMBRE SOLAIRE SPF30	Sun protection	
Hydrocortisone 1%	Skin conditions/insect bites	Once/twice daily